



Four seasons ago FoNR provided sponsorship for a new venture at St.Julians High School Old Boys RFC to help them kick off three junior teams. We are incredibly satisfied to now report that there are over a hundred youngsters playing for the club in six teams from U7 up to U13. Last Saturday the U13 and U12 were on parade to provide the Guard of Honour for the Llandovery and Newport teams as they ran out on the world famous Rodney Parade turf. Today we joined by some more of the St.Julians High School Old Boys RFC junior teams as they cheer on the Black and Ambers.

Second Row Adam Frampton was the winner for the second month in a row when he scooped up over 75% of the supporters votes for the November award. Adam has had a great season so far for the Black and Ambers and has really been on top form. Adam is pictured receiving his trophy from membership secretary John Evans.



Become a Friend and show your support for the future of rugby in Newport.

All adults (i.e. over 16 years of age) can join the Trust as full members. Full membership entitles the member to a vote at the Trust's Annual General Meeting (AGM) as well as other Trust member meetings such as an Extraordinary General Meeting (EGM) and Trust member ballots. A concessionary rate is available for students over 16, and senior citizens. Full membership costs £10, and concessionary membership costs £5. See a committee member for more details today or take a look at www.fonr.co.uk.

The Friends of Newport Rugby Trust would like to welcome all the supporters, players and officials of our local rivals, Cross Keys RFC to Rodney Parade for today's British & Irish Cup fixture. This will be the third meeting between our two clubs this season with it currently being one win each both teams will be looking for local 'bragging rights' although the BIC competition looks over for both.







'Follow' us on Twitter and 'Like' us on Facebook – keep up to date with the latest news, reviews and competitions – don't forget our website too – www.fonr.co.uk.

FoNR would like to remind all Newport RFC supporters that the next home game is the fixture against Bonymaen in the SWALEC Cup.

This will be an "all-pay" match and normal prices will apply; £10 adults, £5 concessions, and under 20s go free.

To avoid any potential queues on match day season ticket holders are advised to book their tickets in advance. Call the Ticket Hotline on 01633 674 990, or visit the ticket office in person.

To be in with a chance of winning a pair of tickets for this fixture let us know who won November's FoNR/Newport RFC Player of the Month award. Send us your answer along with your name and contact number to fontrust@gmail.com or leave them with a committee member today! Good luck!



Newport RFC Hall of Fame 2013 (Thursday 28th March).

Tickets (and prices etc.) will be available soon.

The inaugural event was a huge success.

Make sure you get your tickets early to avoid disappointment.

Speak to a committee member for more details. Tables of 10 are available.

We have a draft list of 8 players and 1 special award. Will your favourite be included this year?



Next Newport RFC home fixture – SWALEC Cup: Friday 25th January 2013 'v' Bonymaen (KO 7.30 pm)